

Bio: Keith Frey (Fray)

Recently retired from his full-time career as a physician and executive, Keith now invests much of his time as a leadership developer, healthcare consultant, and strategic thought leader. He has forty years' experience as a primary care physician, educator, mentor/coach, and executive.

His career included major leadership roles at Duke University, Providence Health, Mayo Clinic, and Dignity Health. Keith is a graduate of the Virginia Military Institute (BS in Biology), the Medical College of Virginia (MD) and Duke University (MBA)

He is frequently asked to speak on Influential Leadership, Post Pandemic Team Recovery and Emotionally Healthy Leadership.